



## 11<sup>th</sup> Conference of ESES in Izmir 2025

22-24 May  
@Wyndham Grand Özdilek Izmir

### Basic Principles of Minimally Invasive Treatment for Thyroid Diseases

**Directors and Tutors:** Eveline Slotema, Andrea Casaril, Juan Pablo Dueñas

#### Preliminary Program

**14.30-14.50** Principles of Thermal Ablation (Laser, RFA, MWA)

**14.50-15.10** Ultrasound Neck Anatomy

**15.10-15.30** Indication and Guidelines

**15.30-15.50** Long-term Outcomes

**15.50-16.00** Management of Complications

**16.00-17.30** Tutored Hands-on Session on Phantoms

**Aim of the Course:** To give the theoretical basis to ultrasound-guided thermal ablation in thyroid disease. Topics will be focused on indications, guidelines, how to perform a safe procedure knowing the ins and outs of each technique (radiofrequency, microwave and laser), but also ultrasound anatomy. Complications and management will be discussed before practicing on phantoms during the hands-on session.

